

The Virtual Self How Our Digital Lives Are Altering World Around Us Nora Young

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The Virtual Self How Our

Advisors need to think about what kind of archetype they want to represent in the minds of clients or prospective clients," says Ben Dattner, an organizational psychologist and human resources ...

In a virtual world, advisors need to curate their digital personas

With the advent of micro self-care, we no longer have to fret over not having time to take breaks, meditate or grab a breath of fresh air. Science is showing short exercises--such as Microchillers, ...

The New Science Of 'Micro Self-Care': Solutions For Virtual Fatigue And Burnout Prevention

Students who should apply for this virtual high school would be students who are self-motivated, who have good self-discipline, and really thrive in an environment" ...

JPPSS to start a virtual-only high school

"Artificially intimate" technologies are altering our notions of love, sex, and companionship. There are pros and cons to this.

Sex bots, virtual friends, VR lovers: tech is changing the way we interact, and not always for the better

One of your neighbors posted in Community Corner. Click through to read what they have to say. (The views expressed in this post are the author's own.) ...

HCPL Hosts Virtual Programs for Mental Health Awareness Month

Even though we may be temporarily dependent on virtual meetings to get business done, that doesn't mean we need to become mere avatars of ourselves while we do it.

Four Healthy Communication Habits For Virtual Meetings

This article was written by Yann Arnaud, Director of Customer Needs and Innovation at MACIF on The Urban Mobility Daily, the content site of the Urban Mobility Company, a Paris-based company which is ...

Here's how autonomous cars could help remote and unpopulated areas

Dare to Self-Care keynote speaker and best-selling author Eve Rodsky promises meaningful self-care tips—beyond the standard “Try a bubble bath!” advice.

The Pandemic's Done a Number on Our Mental Health. This Free Event Wants to Help Women Recover

After 15 years in the fitness industry, Nancy Anderson is on a mission to break the stigma around pregnancy and exercise. "Motherhood is inherently chaotic. Add in the stressors of a pandemic and ...

In Her Own Words: Nancy Anderson provides virtual support for all stages of motherhood

In honor of Older Americans Month this May, The Gateway Family YMCA and Shaping Eastern Union County will be hosting a series of free virtual community educational HealthEASE Presentations, ...

The Gateway Family YMCA Offers Free Virtual Events for Older Americans Month

In March of 2020, like everyone, Diani had to figure out new ways to work, which is how she ended up doing virtual photoshoots for the first time in her career. Prior to the pandemic, had you ever ...

Everything Models + Actors Need to Know to Nail a Virtual Photoshoot

The cost of inaction is mounting. This is a moral imperative, an economic imperative. Time is short, but I believe we can do this' ...

Joe Biden only world leader to wear mask during virtual climate change summit, Internet says 'how embarrassing'

With COVID-19 still a reality, many parents are looking to remote learning as their child's primary means of pursuing credits for a university application.

How to keep your child on track for high school graduation

In fact, Elliott, a member of the Mason Gross Dance Department faculty, has endless enthusiasm for the platform, and online teaching in general, as a way to inspire others. “Ever since we started ...

Dance Goes on the (Virtual) Road

An ongoing study from Missouri State University suggests that the pandemic-era move to virtual instruction led to an increase in cheating — a result ...

More Students Cheat During Virtual Learning, Researchers Find

For organizations implementing new self-service solutions ... which will significantly impact customer care for some time to come. If your company is actively looking for a chatbot or virtual agent, ...

How to Select a Chatbot or Virtual Agent for Your Self-Service Project

Palm Beach Virtual School (PBVS), a franchise of Florida Virtual School (FLVS) that's been around for more than a decade. But the experience promises to be vastly different from the school ...

Want your kids to stay in virtual learning? The choice might not be what you think

An array of virtual Lake County Forest Preserves programs are taking place in May, including one that helps participants discover the many places to hike. Courtesy of Jeff Goldberg The Lake County ...

Lake County Forest Preserves offer virtual programs in May

The K-pop industry has long recognized the marketing possibilities of virtual artists, and is exploiting them to propel new groups into the spotlight. K-pop, a pioneer in virtual avatars The K-pop ...

Are virtual avatars the musicians of the future?

Victoria's Secret PINK is continuing its partnership with leading national nonprofit, The Jed Foundation, by turning Mental Health Awareness Month into action with a virtual 'Make Your Move Fest' and ...

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